

- I.** 1. A) Set them up as per the requirement 2. A) Mehendi  
3. B) Sterilisation 4. D) Clients' information  
5. A) Bones 6. A) Keratin  
7. C) Pumic stone 8. D) Medulla  
9. A) Telogen 10. B) Bobby pins **(10×1=10)**
- II.** 11. Blood  
12. Separators  
13. Wooden block mehendi  
14. Clutcher **(4×1=4)**
- III.** 15. i) c) It helps to improve the softness of the feet  
ii) a) It is hair removal technique  
iii) d) It gives healthy glow to the face  
iv) b) It helps to hide skin flaws and blemishes **(1×4=4)**
- IV.** 16. \* Hair salon  
\* Alternative therapy **(1)**
17. \* Scissors  
\* Pumic stone  
\* Tweezers  
\* Face pack brush **(1)**
18. \* Combustible oils  
\* Flammable liquids and gases **(1)**
19. \* Square  
\* Round  
\* Oval  
\* Squoval and pointed **(1)**
20. \* Tongs are used for curling the hair.  
\* Prep hair with a heat protectant. **(1)**
21. \* Hair bulb  
\* Hair shaft  
\* Root **(1)**

V. 22. Bleach

- \* Lighting the facial hair (½)
- \* It helps to lighten the skin tone (½)
- \* Reducing dark spots (½)
- \* Brightening the skin (½)

23. Waxing is a hair removal technique. (1)

- \* It takes around three to six weeks for the new hair
- \* Strip wax
- \* Stripless wax (1)

24. \* Personal Protective Equipment (PPE) is protects their clothes from stains and getting soiled. (1)

- \* It also protects them from various chemicals. (1)

**OR**

- \* Henna (½)
- \* A book of mehendi designs (½)
- \* A transparent glass sheet (½)
- \* Tissue paper (½)
- \* Glitter cone (½)
- \* Pencil (1)

25. Emery board (½)

- \* Orange stick (½)
- \* Cuticle knife (½)
- \* Cuticle nipper (½)
- \* Nail buffer (½)
- \* Nail brush (½)
- \* Pumic stone (½)

26. \* Weak nails are soft. (½)

- \* They get split and peel off easily when they break. (½)
- \* They tear and leave a Jagged edge. (½)

27. \* Base coat will protect the nail. (1)

- \* Applying base coat of nail polish will also look good. (1)

**OR**

**Sebaceous gland**

- \* This gland is also known as oil gland
- \* It secretes lubricating oil

**Sweat gland**

- \* It is located in the dermis of the skin (1)
- \* It is present in the whole body (1)

- VI. 28.** \* Imparts a healthy glow to the face. (1)
- \* Cleans the skin thoroughly by removing harmful bacteria, sweat and impurities due to pollution. (1)
  - \* Wards-off acne and pimples. (1)
  - \* Improves blood circulation in the face.
29. \* Give enough time to the nails to dry after manicure. (½)
- \* Always dry the hands after washing them. (½)
  - \* Hand creams must be used regularly to keep the skin soft and protected. (½)
  - \* Always apply base coat. (½)
  - \* Apply top coat also. (½)
  - \* Use an acetone. (½)
  - \* Manicure every 2 to 4 weeks for soft and shiny hands. (any 6)
30. \* Do not strain a particular part of the body for a long period. (1)
- \* Move and stretch the body between services. (1)
  - \* Change your body posture by carrying out variety of activities. (1)
  - \* Exercise to keep the body fit and flexible.
31. \* To achieve an oval shape, straighten the side walls first and make sure they are even. (1)
- \* Fill in smooth arching motions, starting at the side of the nail. (1)
  - \* Work on the angles from both side. (1)

**OR**

Scalp conditions

- a) **Hair loss** : It can be spotted when clumps of hair are visible in the drain after a head wash. (1)
  - b) **Lice infestation** : Lice thrives by sucking blood from the scalp causing itching. (1)
  - c) **Dandruff** : It is the shedding of dead skin from the scalp. (1)
- VII. 32.** \* Clean and disinfected environment. (½)
- \* Clean treatment couch or chair. (½)
  - \* Adequate ventilation and lights. (½)
  - \* Temperature controllers. (½)
  - \* Tools and products needed for a procedure. (½)
  - \* Tools arranged in a trolley for a treatment. (½)
  - \* Pen and record card of clients. (½)
  - \* Adequate cotton and tissues. (½)

**OR**

Pedicure procedure :

- \* Wash the feet
- \* Check with a client for contra-indications, if any.
- \* Soak both feet of the client in a pedi soaking solution.
- \* Dry both the feet and rest them on a clean towels.
- \* Remove old enamel.
- \* File the nails.
- \* Apply cuticle cream.
- \* Use callus file.
- \* Dry the foot.
- \* Scrub the nails.
- \* Choose nail enamel.
- \* Give home care advice.

(1/2)  
(1/2)  
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(1/2)

33. Skeletal system :

- \* Bone marrow : These are flexible tissue located in bones.
- \* Joints : The point at which two or more bones meet is called a joint.
- \* Cartilage : These are connective tissues found in joints.
- \* Tendon : It is the tissue where a muscle attaches to the bone.
- \* Ligament : It is the tissue that connects two bones.

(1)  
(1)  
(1)  
(1)  
(any 4)

**OR**

Common hair style :

- \* Plait
- \* Twist
- \* Braid
- \* Knot
- \* Chignon
- \* Pleat
- \* Roll
- \* Ringlets
- \* Smooth blow dry
- \* Curly blow dry
- \* Toning
- \* Straightening

(1/2)  
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34. Types of hair :

- \* Straight
- \* Wavy
- \* Curly
- \* Coily

(1)  
(1)

Straight : They have no curly pattern and are naturally silk. They are usually oily as natural oil from the scalp. (1)

Wavy : They form an S shape and have waves, they are less oily but are not dry either. (1)